

ALVERNO COLLEGE

MENTAL HEALTH SUMMIT

CONNECTED CARE: Transforming Mental Health Through Technology

Saturday, March 7, 2026 | 8:30 a.m. – 2 p.m.

Alverno College, Milwaukee, WI

About the 2026 Mental Health Summit

The Alverno College Mental Health Summit was created for emerging and established mental health professionals to come together to address our community's most pressing mental health needs and to foster connections and increase awareness of community programs and initiatives that have had a positive impact in the field.

This Year's Theme

In response to the multi-faceted needs of our community, the planning committee has chosen the theme of *Connected Care: Transforming Mental Health through Technology* to explore and advance innovative ways that technology can transform mental health care across schools, communities, and healthcare systems, with a focus on improving access, equity and outcomes for diverse populations.

Goals

- Deepen understanding of how emerging technologies are transforming the mental health landscape, improving access, equity and outcomes for clients and communities.
- Showcase innovative applications of technology in clinical practice, education, community outreach and crisis intervention.
- Foster cross-cultural, interdisciplinary collaboration among mental health providers, educators, students and community leaders.
- Support professional growth and continuing education through meaningful dialogue, shared learning and CE opportunities.

Learning Outcomes

- Gain an understanding of innovative ways technology is transforming prevention, treatment, and recovery in mental health care.
- Explore emerging digital and telehealth initiatives in Milwaukee and Wisconsin that are improving accessibility and equity for diverse populations.
- Learn how collaboration across organizations, systems, and technological platforms can advance public health and strengthen mental health service delivery.
- Evaluate ethical and cultural considerations in integrating technology into counseling, clinical practice, and community work.





Keynote Presentation Speakers

AMANDA KIDWELL

Amanda Kidwell, EdS, NCSP is the Director of Kaleidal Solutions, LLC and academic faculty for the University of Wisconsin-Whitewater in the School Psychology graduate program. With a continuous focus on success and improving outcomes for all, Amanda supports school districts across the state of Wisconsin and teaches graduate students to positively impact the field of education. Amanda also provides direct services as a full-time hybrid bilingual school psychologist (Spanish) for Oakland Unified School District in Oakland, California. With cultural shifts in technology since the COVID-19 pandemic, Amanda has integrated tech into her practices as a graduate educator and her work as a school psychologist, with a focus on a successful blend of technology with adaptive, people-centered connection. Amanda's diverse experiences in the field of education include being the Assistant Director of Professional Learning in Student Services and the Multi-Tiered System of Supports (MTSS) Coordinator K-8 for Madison Metropolitan School District. She began her journey in education as a teacher and reading interventionist for Denver Public Schools.



JASON WITT

Jason Witt has over 25 years of experience as a therapist, educator, and professional development specialist. For 15 years he worked as a therapist for children, adolescents, and families, primarily working as an intensive in-home psychotherapist. He worked for nearly a decade as a human services instructor and he serves the National Organization for Human Services in multiple roles, primarily as the Director of Membership. Jason currently works as a professional development specialist for the Wisconsin Child Welfare Professional Development System through the University of Wisconsin - Milwaukee. He is a self-identified nerd and is passionate about innovation and technology and how they can be leveraged to improve our quality of life.



Sponsorship Impact

We invite you to partner with us for this Summit and make a tangible difference and strengthen the event's impact. By joining as a sponsor, your organization will play a pivotal role in empowering students and professionals in the mental health field to discover how your offerings and technological tools and advancement can transform care.

Your support will enable us to provide hospitality, deliver high quality sessions, engage a diverse audience, and amplify the day's overall outcomes.

In return, your organization gains visibility and connections among professionals whose values and mission align with yours. We believe this collaboration will serve both your organizational goals and the participants' professional journeys. Your brand will be recognized as a partner and a trusted resource in mental health innovation and care.

We would welcome the opportunity to discuss sponsorship levels and how we can tailor the partnership to meet your objectives. Thank you for considering this opportunity to advance mental health care together. If you are interested in sponsorship, please complete the attached forms.

Contact: brigitte.sahlstrom@alverno.edu.

Sponsors Recognition Opportunities

For more information, please reference the sponsorship levels document.

- Logo recognition used in all materials
- Opportunity to include information in email to all attendees
- Recognition of sponsorship in keynote address
- Recognition in Summit media releases
- Opportunity to include sponsor information at the Resource Fair
- Free CE Hours for mental health professionals that attend

For more information, visit alverno.edu/summit

