Referencing a Source Multiple Times in a Paragraph
http://www.alverno.edu/media/alvernocollege/library/pdfs/multiple.pdf

When incorporating in-text citations into a document, it is common to reference the same source multiple times in a single paragraph. Use the following tips to reference the source, avoid plagiarism, and improve the quality of your writing.

From Massey University's Online Writing and Learning Link (OWLL)

Citing a source multiple times in one paragraph
http://owll.massey.ac.nz/referencing/apa-in-text-citation.php#multiple-citations

Sometimes you need to go into more detail about one particular source. Putting an in-text citation after every sentence that comes from that source would look awful and break the flow of your writing... but leaving the in-text citations out risks plagiarism.

Introduce the source early in the paragraph, with the author as part of the sentence rather than in parenthesis:

Lazar (2006) describes several aspects of the data gathering process.

For the rest of the paragraph, you can refer back to the author by name or pronoun when elaborating on their ideas:

He notes that the relevance and number of questions can affect participation rates. Lazar also found that...

As long as it is clear to the reader that all of the ideas come from that same source, there is no risk of plagiarism and the paragraph flows well.

OR....

From Purdue University’s Online Writing Lab (OWL)

Using APA, how do I cite an author if their work is referenced more than once in a single paragraph?
https://owl.purdue.edu/owl/research_and_citation/apa_style/apa_formatting_and_style_guide/general_apa_faqs.html

Here’s what the 6th edition of the APA manual says: "Within a paragraph, when the name of the author is part of the narrative...you need not include the year in subsequent nonparenthetical references to a study as long as the study cannot be confused with other studies cited in the article. Do include the year in all parenthetical citations" (pg. 174).

In other words, every time you bring up the author in a new paragraph, you should use the year, but you don’t have to within a paragraph, as long as it’s clear from your wording that you are discussing the same author. If you were giving a direct quotation that needed a parenthetical reference for the page number, then you’d include the year as well.